



RITE-HITE FAMILY YMCA GYM SCHEDULE

Updated 6/16/2015

OPEN GYM: The gym is open for any activity, no full court basketball during open gym						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30am-11:30am FULL OPEN GYM	5:00a-Noon OPEN GYM	6:30a-11:30a OPEN GYM	5:00am-9:30am OPEN GYM	5:00am-11:30am OPEN GYM	6:30am-8:45am OPEN GYM	2:00pm-6:45pm OPEN GYM
4:00-5:15PM OPEN GYM	4:00pm-8:45pm OPEN GYM	4:00pm-8:45pm OPEN GYM				
6:30pm-8:45pm OPEN GYM			1:30pm-8:45pm OPEN GYM	5:30pm-8:45pm OPEN GYM	2:00pm-6:45pm OPEN GYM	

PROGRAMS : The gym is reserved for specific programs during these times.						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-6:15am CARDIO FUSION		5:30am-6:15am CARDIO FUSION	9:30-11:30am OPEN PLAY PICKLEBALL	11:30am-1:30pm ADULT BASKETBALL		10:00am-2:00pm FAMILY GYM
11:30am-1:30pm ADULT BASKETBALL		11:30am-1:30pm ADULT BASKETBALL	11:30-1:30pm INSTRUCTIONAL PICKLEBALL	2:00pm-4:00pm ADVANCED PICKLEBALL	9:00am-10:00am ZUMBA	
2:00pm-4:00pm BEGINNER PICKLEBALL	1:00pm-2:00pm ADVANCED PICKLEBALL	2:00pm-4:00pm BEGINNER PICKLEBALL				
5:15pm-6:30pm ZUMBA	2:00pm-4:00pm OPEN PLAY PICKLEBALL				Noon-2:00pm OPEN PLAY PICKLEBALL	

- In the summer during inclement weather Day Camp will have access to 1/2 the gym during all open gym and non-instructional based activity times.
- Special events, clinics and camps are scheduled throughout the summer and may change the schedule for a given week. Those changes will be posted.

For Program Registration information contact Leila Wright at 414.357.2805 or lwright@ymcamke.org

Make It Count, Milwaukee!



RITE-HITE FAMILY YMCA GYM RULES

January 2015

- Gym bags and other personal belongings are not to be kept in the gym. Please use a locker while at the Y.
- Children under the age of 8 must be accompanied by an adult at all times while in the YMCA.
- No dunking or grabbing the rims or nets at any time.
- Please return all equipment when finished.
- No inappropriate use of equipment.
- Be respectful of others by refraining from the use of profanity, fighting, excessive yelling or unsportsman-like conduct.
- Full court games are not permitted during OPEN GYM times.
- All competitors, of any age or skill level, are allowed an equal opportunity for gym use and to become involved in any activities taking place during OPEN GYM times.
- Report all injuries to a staff member on duty.
- The Y reserves the right to ask anyone at any time for proof of membership.
- Y Staff reserves the right to ask any one not adhering to the posted rules to leave the premises.
- The gym schedule is subject to change at any time.

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