



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PERSONAL TRAINING SALE GOING ON NOW

## Limited Time Offer on Individual Training Packages

Celebrate spring by getting your beach body ready for summer with the help of the Y's nationally certified personal trainers. Whether you're a fitness newbie, or you're a seasoned athlete, our personal trainers have the knowledge and skills to tailor a fitness program designed to meet your specific needs, wants and goals.

| <u>Hours</u> | <u>Cost</u> | <u>Savings</u> |
|--------------|-------------|----------------|
| 6            | \$240       | \$120          |
| 10           | \$400       | \$200          |
| 12           | \$480       | \$240          |
| 15           | \$600       | \$300          |
| 20           | \$800       | \$400          |



**Hurry, this awesome deals ends April 15!**

\* Partner training and team training are not included.

For more information, contact Raschel Biagioli, YMCA Product Director of Fitness Centers and Personal Training at (414)274-0807 or e-mail [rbiagioli@ymcamke.org](mailto:rbiagioli@ymcamke.org).

A minimum of 6 PT sessions must be purchased to receive the sale pricing. All sessions purchased at this sale price will expire on June 30, 2016. No refunds or credits will be given for unused sessions. Partner training not included. Rescheduling of any session requires a minimum 24-hour notice. Less than 24-hour notice or not showing at all will result in a (1) session charge or loss of (1) pre-purchased session.