



Y BEACH CAMP IS NEAR..

Pre-Sale February14th-31st!!

GET YOUR LIFE TOGETHER THIS SUMMER

Back by popular demand, Y Beach Camp is held on the lakefront and designed to give participants a conditioning experience like no other. You will be coached through a variety of drills, stations, and exercises that will challenge and expand your level of fitness.

New Exercises, New Terrain, Awesome Results

Choose Saturday OR Sunday OR Both

Saturdays:

June 4th-25th
July 9th-30th
August 6th-27th
September 10-Oct 1st

Sundays:

June 5th-26th
July 10th– 31st
August 7th-28th
September 11th-Oct 2nd

TIME: 9:00am -10:00 AM

LOCATION: Bradford Beach House

FEE:

Y Member: \$155 per entire season (all 4 months) Community: \$225 per entire season (all 4 months)







For more information, contact: Lonnie Watts 414-274-0815 lwatts@ymcamke.org