

# Northside YMCA Spring Swim Lesson Schedule



May 2 - June 12, 2016

**\*\* ALL youth and preschool lessons are now 30 minutes long.\*\***

Prices are \$19 for Members and \$26 for Community Participants

## Parent/Child & Preschool Lessons

	Monday	Tuesday	Wednesday	Thursday	Saturday
SKIP	5:40-6:10pm				9:30-10am
Pike/w/Parent		5:40-6:10pm			
Pike	6:15-6:45pm	5:05-5:35pm	5:05-5:35pm 6:15-6:45pm	5:40-6:10pm	10:05-10:35am 11:15-11:45am
Eel	5:05-5:35pm		5:40-6:10pm	5:05-5:35pm	11:15-11:45am
Ray/Starfish		6:15-6:45pm		6:15-6:45pm	10:40-11:10am

## Youth Lessons 6-11 years

	Monday	Tuesday	Wednesday	Thursday	Saturday
Polliwog	5:40-6:10pm	5:40-6:10pm	5:05-5:35pm	4:30-5:00pm	9:30-10:00am, 10:40-11:10am, 11:15-11:45am
Guppy	4:30-5:00pm	5:05-5:35pm	4:30-5:00pm	5:05-5:35pm	9:30-10:00am, 10:05-10:35am, 11:15-11:45am
Minnow		4:30-5:00pm		5:40-6:10pm	10:40-11:10am
Fish/Flying Fish	5:05-5:35pm		5:40-6:10pm		10:05-10:35am
Teen Lessons (11-17yrs)			6:15-7:00pm		11:50am-12:35pm
Swim Team (7-17 yrs)		6:15-7:30pm		6:15-7:30pm	

## Adult Lessons

	Monday	Tuesday	Wednesday	Thursday	Saturday
Beginner lessons	6:15-7:00pm				11:50am-12:35pm
Intermediate lessons			6:15-7:00pm		

## Water Aerobics

Free for Members, and \$47 for Community Participants.

	Monday	Tuesday	Wednesday	Thursday	Friday
Shallow Water AM	9-10am		9-10am		9-10am
Shallow Water PM	6:30-7:30pm		6-7pm		

This Schedule is for Northside YMCA  
1350 W. North Ave. 414-265-9622  
Please sign up at the front desk or on-line

Any questions please call:  
Patricia Frank- Aquatic Director  
414-374-9434  
[pfrank@ymcamke.org](mailto:pfrank@ymcamke.org)