



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Group Exercise Holiday Hours

Dec 23rd – All classes are canceled

Dec 24th – All classes are canceled

Dec 25th – Center closed

Dec 31st – All classes are canceled

Jan 1st – (StrYke) 9:15 - 10:30am

**Our normal class schedule will resume
on Jan 2nd, 2017**