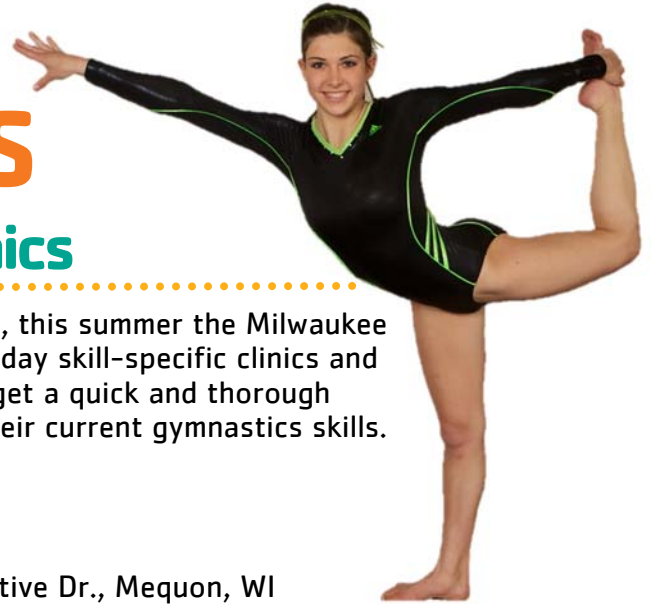




FLEX YOUR SKILLS

YMCA Summer Gymnastics Clinics

In addition to our regular schedule of gymnastics classes, this summer the Milwaukee YMCA Gymnastics Center will also offer a variety of one-day skill-specific clinics and four-day clinics. A clinic is a great way for your child to get a quick and thorough introduction to a specific activity, or it can help refine their current gymnastics skills. Here's the lineup of clinics taking place this summer -



AGE: 6 years and older

LOCATION: YMCA Gymnastics Center - 6140 W. Executive Dr., Mequon, WI

ONE-DAY SKILL CLINICS

Brand new this summer are Friday Skill Clinics! Each clinic will have a focus and stations will be tailored to the needs of the individual participants. No previous gymnastics experience is required. Experienced gymnasts will still benefit!

Time: 1:30-3pm

Date/Focus: June 17 - Back Tumbling
June 24 - Front Tumbling
July 14 - Beam Skills
July 29 - Bars Skills
August 12 - Running, Strength, and Endurance

Fees: Y Members - \$17/per clinic; Community Participants - \$20/per clinic

FOUR-DAY GYMNASTICS CLINICS

Each day will be a new adventure! Your child will be excited to sample a wide variety of games, crafts, and of course, GYMNASTICS! All participants should bring a snack, a water bottle, and a lunch.

Time: 9am-3pm

Dates: Week 1 - June 26-29
Week 2 - July 10-13

Fees: Y Members - \$110/per week;
Community Participants - \$125/per week

REGISTER TODAY

For more information, contact Alex Schmidt at
(414) 357-2828 or aschmidt@ymcamke.org.