



# **LABOR DAY GROUP EXERCISE SCHEDULE MONDAY, SEPTEMBER 4**

<b>Time</b>	<b>Class</b>	<b>Location</b>	<b>Instructor</b>
9:00AM-10:00AM	Y-Cycle	Cycling Studio	Shanda
9:15AM-10:15AM	BodyCombat	Studio 7	Erin
10:30AM-11:30AM	BodyPump	Studio 6	Jim
11:40AM-12:40PM	BodyFlow	Studio 7	Eva

**We'll resume our normal class schedule on September 5, 2017**

Questions? Please contact Timeka Boone, Group Exercise Coordinator at [tboone@ymcamke.org](mailto:tboone@ymcamke.org) or (414) 374-9405.