



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN POSITION ANNOUNCEMENT

- Position:** Wellness Center Specialist (FT)
- Locations:** Northside YMCA
- Hours:** 5:30am – 2:30pm
- Reports to:** Fitness Director
- Wage Range:** \$9.55 - \$11.95 per hour (based on experience)

Major Responsibilities:

- Creating a welcoming atmosphere for all which results in relationship building with prospective members, increased enrollments and retention
- Assisting new members in establishing their personal wellness goals and developing fitness plans to achieve them
- Providing weekly feedback and encouragement to all assigned wellness program participants in the form of face-to-face, electronic messaging, phone calls and/or mailings
- Instructing wellness program participants on safe and effective exercise techniques, including, but not limited to, warm-up and stretching progression, aerobic conditioning, strength training, proper use of equipment and workout progression
- Assisting Wellness Manager in the training of new Wellness Center Attendants

Qualifications:

- College degree in a fitness/wellness related field is preferred
- Minimum 1 year experience in a wellness center with demonstrated commitment and interest in wellness programs and member service.
- Ability to develop on-going relationships with members and participants, leading to enhanced member retention and program participation
- Able to effectively communicate with a wide variety of members, staff and volunteers in a wide range of settings and situations
- Must be CPR certified within 2 months of hire; training provided.

Benefits:

Excellent benefits include health/dental/life insurance, 12% fully paid retirement plan, free membership and discounted YMCA child care and other programs. The incumbent will exhibit the core values of caring, honesty, respect, and responsibility in all aspects of their work with the YMCA

Deadline: December 29, 2017

Apply Online: <https://apply.ymcamke.org>