



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## OPEN POSITION ANNOUNCEMENT

- Position:**                    **Group Exercise Instructor (PT)**
- Locations:**                Northside, Rite Hite & Downtown YMCAs
- Reports to:**                Group Exercise Coordinator
- Wage Range:**              \$8.00 - \$12.95 (*based on program, experience, and certifications*)

**The YMCA of Metropolitan Milwaukee is seeking energetic individuals to lead fun, dynamic, and effective group exercise classes including, but not limited to:**

- BODYATTACK®
- BODYFLOW®
- BODYPUMP®
- BODYSTEP®
- BODYVIVE®
- Dance Based Fitness, including Zumba
- Hi-Low Aerobics
- Muscle Conditioning
- Pilates
- Yoga

### **Major Responsibilities:**

- Provide a high caliber member service through building a strong rapport with class participants -supporting and encouraging them in regards to their needs, concerns, and questions
- Modify classes and routines according to fitness levels in the class
- Responsible for participant safety – inspect area and all equipment and supplies
- Ability to relate and motivate a diverse membership base
- Develop and learn class routines and come to class prepared to begin and end classes on time
- Must exhibit the core values of caring, honesty, respect, and responsibility in all aspects of their work with the YMCA

### **Qualifications:**

- High School Diploma or equivalent, and at least 18 years old
- Must be current on the following certifications:
  - A National Group Exercise certification (within 90 days of hire)
  - CPR and First Aid (within 30 days of hire)
- Attain the "YMCA Principles of Health & Fitness", within the first 3 months of employment

### **Benefits:**

Excellent benefits include free membership and discounted YMCA child care and other programs. The incumbent will exhibit the core values of caring, honesty, respect, and responsibility in all aspects of their work with the YMCA

**Deadline:**                    **March 31, 2018**

**Apply Online:**            <https://apply.ymcamke.org>