



Northside YMCA Summer 1 Swim Lessons Schedule

Summer 1 runs Monday, 6/18 thru Sunday, 7/22

Fees: Members - \$27; Community Participants - \$37

Weekday summer classes are for 5 weeks, twice a week classes

Saturday classes are every Saturday from 6/23-8/25

Parent/Child (6 months - 2 yrs) & Preschool Lessons (3 yrs - 5 yrs)

	Mondays & Wednesdays 6/18-7/18	Tue. And Thurs. 6/19-7/19	Saturdays 6/23-8/25
Stages A&B Combined (Parent Child)	5:40pm-6:10pm		9:30-10:00am
Stage 1 Water Acclimation	4:30pm-5:00pm	10:05am-10:35am 6:15pm-6:45pm	10:05am-10:35am 11:15am-11:45am
Stage 2 Water Movement	5:05pm-5:35pm	10:40am-11:10am 4:30pm-5:00pm	10:40am-11:10am
Stage 3 & 4 Water Stamina & Stroke Introduction	6:15pm-6:45pm	5:05pm-5:35pm	10:40-11:10am

Youth Lessons 6-11 years

	Mon. and Wed. 6/18-7/18	Tue. And Thurs. 6/19-7/19	Saturday 6/23-8/25
Stage 1&2 Water Acclimation & Water Movement	4:30pm-5:00pm	10:05am-10:35am 5:05pm-5:35pm	9:30am-10:00am 11:15am-11:45am
Stage 3 Water Stamina	5:05pm-5:35pm	10:40am-11:10am 4:30pm-5:00pm	9:30am-10:00am 10:05am-10:35am
Stage 4 Stroke Introduction	5:40pm-6:10pm		10:40am-11:10am
Stage 5 Stroke Development	6:15pm-6:45pm		11:15am-11:45am
Stage 6 Stroke Mechanics		5:40pm-6:10pm	10:05am-10:35am
Aquatic Conditioning		Tuesday Only 6/19-8/21 6:15pm-7:00pm	
Lifeguard Readiness		Thursday Only 6/21-8/23 6:15pm-7:00pm	

This schedule is for Northside YMCA only.
1350 W. North Ave. 414-265-9622
Please sign up at the front desk or on-line

Any questions please call:
Zachariah Hutchens-Aquatics Director
414-374-9434 or zhutchens@ymcamke.org

Adult/Teen Classes

	Monday 6/18-8/20	Tuesday & Thursday 6/19-7/19	Wednesday 6/20-8/22	Saturdays 6/18-8/20
Adult/Teen Beg.	6:50pm-7:20pm	11:15am-11:45am		
Adult/Teen Adv/Beg.			6:50pm-7:20pm	11:50am-12:20pm

Water Aerobics Fee: Members – FREE; Community Participants - \$47 for the session

	Monday	Wednesday	Friday
Shallow Water AM	9:00am-10:00am	9:00am-10:00am	9:00am-10:00am
Shallow Water PM	6:30pm-7:30pm	6:00pm-7:00pm	

This schedule is for Northside YMCA only.
 1350 W. North Ave. 414-265-9622
 Please sign up at the front desk or on-line

Any questions please call:
 Zachariah Hutchens-Aquatics Director
 414-374-9434 or zhutchens@ymcamke.org