



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN POSITION ANNOUNCEMENT

Join the Y and help us to Transform Lives!

Our mission and core values are brought to life by our culture. It's who we are, who we aspire to be and how we show up every day. **We are cause-driven.** We don't just show up, we show up with purpose. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

Join us and help transform lives!

Now Hiring:

Wellness Center Specialist (FT)

Wage:

\$9.55 - \$11.95 per hour (based on experience)

Location(s):

Downtown YMCA

Hours:

M-F: 6am-2pm

Responsibilities:

- Create a welcoming atmosphere for all which results in relationship building with prospective members, increased enrollments and retention
- Assisting new members in developing fitness plans based on their personal goals and wellness guidelines
- Providing weekly feedback and encouragement to all assigned wellness program participants in the form of face-to-face, electronic messaging, phone calls and/or mailings
- Instructing wellness program participants on safe and effective exercise techniques, including, but not limited to, warm-up and stretching progression, aerobic conditioning, strength training, proper use of equipment and workout progression
- Assisting Wellness Manager in the training of new Wellness Center Attendants
- Must exhibit the core values of caring, honesty, respect, and responsibility in all aspects of work with the YMCA

Qualifications:

- College degree in a fitness/wellness related field is preferred
- Minimum 1 year experience in a wellness center with demonstrated commitment and interest in wellness programs and member service.
- Ability to develop on-going relationships with members and participants, leading to enhanced member retention and program participation
- Able to effectively communicate with a wide variety of members, staff and volunteers in a wide range of settings and situations
- Must be CPR certified within 2 months of hire; training provided.

Benefits:

- 12% Fully Paid Retirement Plan (following 2 year vesting period)
- 403b Retirement Savings Plan
- Comprehensive Health/Dental/Life Insurance
- Supplemental Insurance Options
- Free Individual Membership or Household Membership to all YMCA Locations
- Discounted YMCA Programs
- Discounted YMCA Child Care
- Discounted YMCA Camp

Deadline: **July 24, 2018**

Apply Online: <https://apply.ymcamke.org>