



RITE-HITE FAMILY YMCA

LABOR DAY

GROUP EXERCISE SCHEDULE

On Monday, September 3rd, the Rite-Hite Family YMCA will have a revised group exercise schedule.

<u>TIME</u>	<u>CLASS</u>	<u>LOCATION</u>	<u>INSTRUCTOR</u>
9-10am	BodyPump®	Studio 6	Jim & Sarah
10:15-11:15am	Body Combat®	Studio 6	Julie
11am-12pm	Zumba®	Studio 7	Tomia

For questions please contact Andria Hall at ahall@ymcamke.org or 414.374.9405.