



Northside YMCA Fall 1 Swim Lesson Schedule

Beginning Monday, September 10th thru Sunday, October 28th, 2018

Fees: Y Members - \$20; Community Participants - \$27

Parent/Child & Preschool Lessons (0-5 years)

	Monday	Tuesday	Wednesday	Thursday	Saturday
Parent Child 1 & 2	5:40-6:10pm			5:05-5:35pm	9:30-10:00am
Swim Stage 1 w/ Parent		5:05-5:35pm			
Swim Stage 1				6:15-6:45pm	10:05-10:35am-11:15-11:45am
Swim Stage 2	6:15-6:45pm		5:05-5:35pm	5:40-6:10pm	10:40-11:10am
Swim Stage 3/4		6:15-6:45pm	5:40-6:10pm		11:15-11:45am

Youth Lessons (6-11 years)

	Monday	Tuesday	Wednesday	Thursday	Saturday
Swim Stage 1/2		5:40-6:10pm		4:30-5:00pm	9:30-10:00am & 10:40-11:10am
Swim Stage 3	5:05-5:35pm	4:30-5:00pm	6:15-6:45pm		10:05-10:35am & 10:40-11:10am
Swim Stage 4				6:15-6:45pm	10:05-10:35am
Swim Stage 5	6:15-6:45pm				9:30-10:00am
Swim Stage 6				5:40-6:10pm	11:15-11:45am
Teen Lessons (12+)					11:50-12:20pm

Adult Lessons

	Monday	Tuesday	Wednesday	Thursday	Saturday
Beginner Lessons	6:50-7:20pm				11:50-12:20pm
Int/Adv Lessons			6:50-7:20pm		11:50-12:20pm

Water Aerobics

Free For members, and \$47. for Community participants for the session.

	Monday	Tuesday	Wednesday	Thursday	Friday
Shallow Water AM	9:00-10:00am		9:00-10:00am		9:00-10:00am
Shallow Water PM	6:30-7:30pm		6:00-7:00pm		

This schedule is for Northside YMCA
1350 W. North Ave. 414-265-9622
Please sign up at the front desk or on-line

Any questions please call:
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