



RITE-HITE FAMILY YMCA

HOLIDAY SCHEDULE - UPDATED 12/18/18

Date	Time	Class	Studio	Instructor
Dec. 24	9:00-10:00	Cycle	Cycle	Laura
	9:00- 10:00	BodyCombat	Studio 7	Erin
ADDED	9:00-9:45	Yoga	Studio 2	Tonieh
	9:15-10:15	BodyPump®	Studio 6	Allison
	10:00-11:00	Yoga	Studio 2	Denisse
	10:15-11:15	Zumba	Studio 7	Gwen
	10:30-11:30	BodyFlow®	Studio 6	Eva
Dec. 31	9:00-10:00	Cycle	Cycle	Sarah O.
	9:00-10:00	Zumba®	Studio 7	Gwen
	9:15-10:15	BodyPump®	Studio 6	Jim
	10:15-11:15	BodyCombat®	Studio 7	Julie
	10:30-11:30	Yoga	Studio 2	Levy
Jan. 1	9:00-10:00	Zumba®	Studio 7	Becca
	9:00-10:00	Cycle	Cycle	Jim
	9:30-10:30	BodyPump®	Studio 6	Karen
	10:00-11:00	Yoga	Studio 2	Denisse
	10:30-11:30	BodyCombat®	Studio 7	Steve

QUESTIONS? Contact
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