



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## OPEN POSITION ANNOUNCEMENT

**Join the Y and help us to Transform Lives!**

Our mission and core values are brought to life by our culture. It's who we are, who we aspire to be and how we show up every day. **We are cause-driven.** We don't just show up, we show up with purpose. **We are welcoming:** we are open to all. We are a place where you can belong and become. **We are genuine:** we value you and embrace your individuality. **We are hopeful:** we believe in you and your potential to become a catalyst in the world. **We are nurturing:** we support you in your journey to develop your full potential. **We are determined:** above all else, we are on a relentless quest to make our community stronger beginning with you.

**Now Hiring:**

***Wellness Center Specialist (FT)***

***\*\*Internal Applicants Only\*\****

**Wage:**

\$9.55 - \$11.95 per hour (based on experience)

**Location(s):**

Northside YMCA

**Hours:**

6am-2pm

**Responsibilities:**

- Create a welcoming atmosphere for all which results in relationship building with prospective members, increased enrollments and retention
- Assisting new members in developing fitness plans based on their personal goals and wellness guidelines
- Providing weekly feedback and encouragement to all assigned wellness program participants in the form of face-to-face, electronic messaging, phone calls and/or mailings
- Instructing wellness program participants on safe and effective exercise techniques, including, but not limited to, warm-up and stretching progression, aerobic conditioning, strength training, proper use of equipment and workout progression
- Assisting Wellness Manager in the training of new Wellness Center Attendants
- Must exhibit the core values of caring, honesty, respect, and responsibility in all aspects of work with the YMCA

**Qualifications:**

- College degree in a fitness/wellness related field is preferred
- Minimum 1 year experience in a wellness center with demonstrated commitment and interest in wellness programs and member service.
- Ability to develop on-going relationships with members and participants, leading to enhanced member retention and program participation
- Able to effectively communicate with a wide variety of members, staff and volunteers in a wide range of settings and situations
- Must be CPR certified within 2 months of hire; training provided.

**Benefits:**

- 12% Fully Paid Retirement Plan (following 2 year vesting period)
- 403b Retirement Savings Plan
- Comprehensive Health/Dental/Life Insurance
- Supplemental Insurance Options
- Free Individual Membership or Household Membership to all YMCA Locations
- Discounted YMCA Programs
- Discounted YMCA Child Care
- Discounted YMCA Camp

**Deadline:**            **January 10,2019**

**Apply Online:**        <https://apply.ymcamke.org>