



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**THANKSGIVING SCHEDULE**  
**RITE-HITE FAMILY YMCA**  
**FRIDAY, NOVEMBER 29, 2019**

<b>TIME</b>	<b>CLASS</b>	<b>STUDIO</b>	<b>INSTRUCTOR</b>
6:00am-7:00am	BodyPump®	Studio 6	Laura M.
9:00am-10:00am	Y-Cycle	Cycling Studio	Jim
9:00am-10:00am	BodyCombat®	Studio 7	Aet
9:15am-10:15am	BodyPump®	Studio 6	Eva
9:30am-10:30am	Yoga	Studio 2	Denisse
10:30am-11:30am	BodyPump®	Studio 6	Jim
11:30am-12:30pm	Yoga	Studio 7	Sue E.

*There will be no fee based classes from  
November 25 - 30. Regular Group Exercise schedule will  
resume on Monday, December 2, 2019.*



**QUESTIONS? Contact**  
**Andria Hall Group Exercise Coordinator**  
**ahall@ymcamke.org or 414-374-9405**