

RITE-HITE FAMILY YMCA GYM SCHEDULE

WINTER 2020 (FEBRUARY)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-8am Open Gym	5-9:30am Open Gym	5-8am Open Gym	5-9:30am Open Gym	5-9am Open Gym	6:30-9am Open Gym	8-11am Open Gym
8-10am Open Play Pickleball	9:30-11:30am Homeschool Club	8-10am Open Play Pickleball	9:30-11:30am Open Play Pickleball	9-11:30am Family Gym	9-10am Zumba	11am-2pm Open Play Pickleball
10-11:30am Family Gym	11:30am-1pm Open Gym 1-2pm Advanced Play	10-11:30am Family Gym 11:30am-1:30pm	11:30am-1pm Pickleball Lessons	11:30am-1:30pm Adult Basketball 2pm-4pm Open Play	10:15am- 12:00pm Basketball Skills 12:00–3:30pm	2-6:45pm Open Gym
11:30am-1:30pm Adult Basketball	Pickleball 2-4pm	Adult Basketball 2-4pm	1-3pm Family Gym	Pickleball 4-8:45pm Open Gym	Youth Basketball League	
2-4pm Beginner Pickleball	Open Play Pickleball	Beginner Pickleball	3-5:30pm Open Gym	, ,	4-6:45pm Open Gym	
4-5pm Open Gym	4-5pm Open Gym	4-8:45pm Open Gym	5:30-6:30pm ½ Open Gym*			
5-7pm Bavarian Soccer Club	5-7pm Bavarian Soccer Club		5:30-6:30pm Volleyball Class			
7-8:45pm Open Gym	7-8:45pm Open Gym		6:30-7:30pm Volleyball League Practice			
			7:30-8:45pm Volleyball Open Play			

Rite-Hite Family YMCA Gym Rules

- Gym bags and other personal belongings are not to be kept in the gym.
- Children under the age of 8 must be accompanied by an adult at all times while in the YMCA
- No dunking, grabbing the rims or nets
- No inappropriate use of equipment
- Be respectful of others by refraining from the use of profanity, fighting, excessive yelling or unsportsman-like conduct
- All competitors, of any skill levels, are allowed an equal opportunity for gym use and to become involved in any activities taking place during OPEN GYM times

- Report all injuries to a staff member on duty
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises
- The gym schedule is subject to change at any time

^{*}Indicates other activities occurring in the gym during this time

^{**}Gym may be closed occasionally for special events.